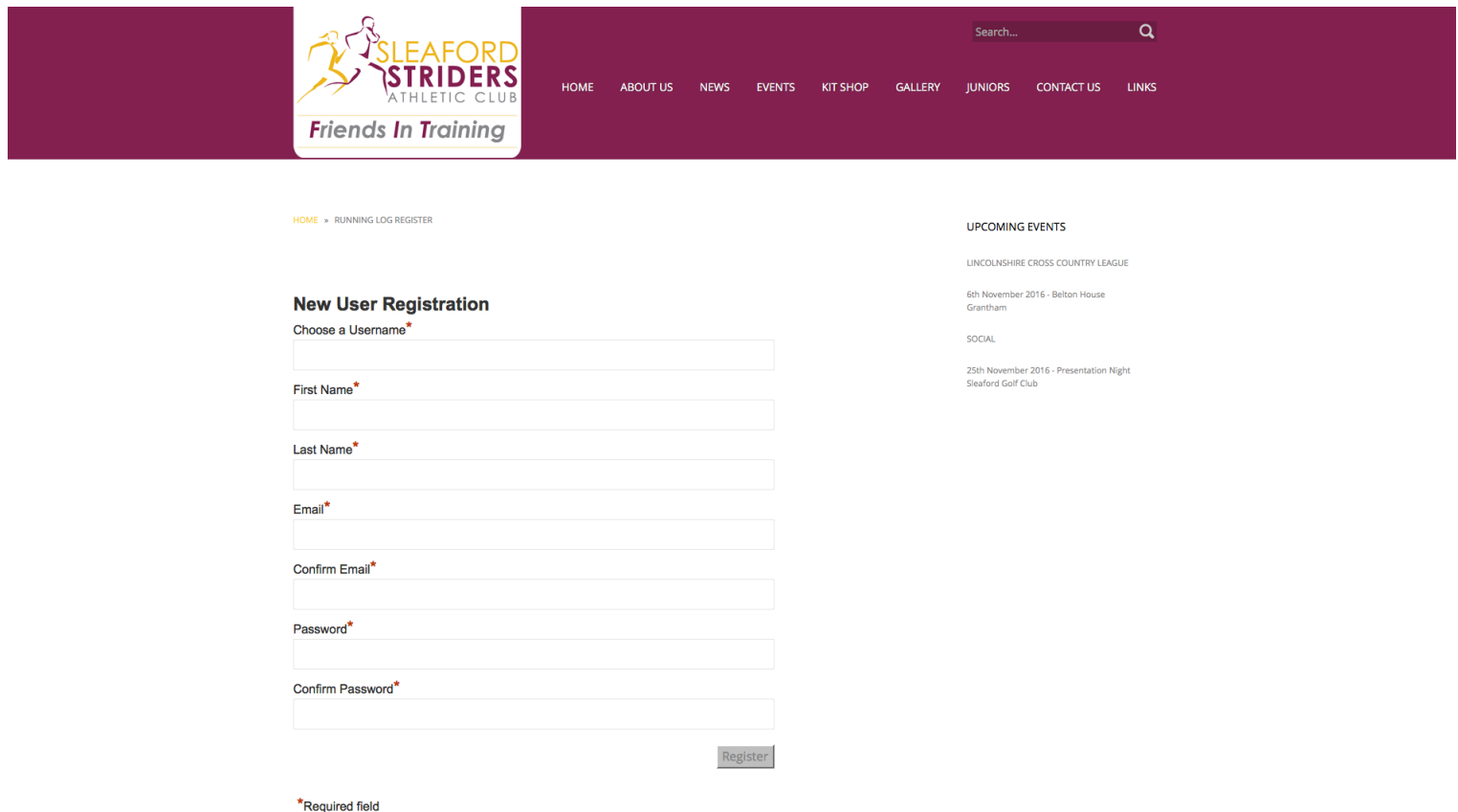


To register to use the Sleaford Striders Distance Log go to **sleafordstriders.org.uk/running-log-register**

You will see the screen below. Simply enter your details.



The screenshot shows the 'New User Registration' page on the Sleaford Striders website. The header is dark purple with the club logo and 'Friends In Training' tagline on the left, and a search bar and navigation menu on the right. The navigation menu includes links for HOME, ABOUT US, NEWS, EVENTS, KIT SHOP, GALLERY, JUNIORS, CONTACT US, and LINKS. The main content area has a breadcrumb trail 'HOME » RUNNING LOG REGISTER'. The registration form is titled 'New User Registration' and includes fields for Username, First Name, Last Name, Email, Confirm Email, Password, and Confirm Password, all marked as required. A 'Register' button is at the bottom right of the form. A footnote indicates that an asterisk (*) denotes a required field. On the right side of the page, there is a section for 'UPCOMING EVENTS' listing the Lincolnshire Cross Country League on 6th November 2016 and a presentation night on 25th November 2016.

HOME » RUNNING LOG REGISTER

New User Registration

Choose a Username*

First Name*

Last Name*

Email*

Confirm Email*

Password*

Confirm Password*

*Required field

UPCOMING EVENTS

LINCOLNSHIRE CROSS COUNTRY LEAGUE

6th November 2016 - Belton House
Grantham

SOCIAL

25th November 2016 - Presentation Night
Sleaford Golf Club

For instructions on how to use the Distance Log, please refer to the **[Striders_Distance_Log_Instructions_Existing_Users.PDF](#)** that can be found on the Striders website - **sleafordstriders.org.uk/1000-mile-challenge**