



Friends In Training

JUNIOR CODE OF CONDUCT

Sleaford Striders A.C is fully committed to safeguarding and promoting the well-being of all its members. The club believes that it is important that members, coaches, administrators and parents associated with the club should, at all times, show respect and understanding for the safety and welfare of others. Therefore, members are encouraged to be open at all times and to share any concerns or complaints that they may have about any aspect of the club with *Head Coach Clive Holden, Welfare Officer Maureen Runacres or Junior Co-Ordinator Lisa Ashcroft.*

As a member of Sleaford Striders A.C, you are expected to abide by the following junior code of practice:



All members must play within the rules and respect officials and their decisions.



All members must respect the rights, dignity and worth of all participants regardless of age, gender, ability, race, cultural background, religious beliefs or sexual identity.



Members should keep to agreed timings for training and competitions or inform their coach or team manager if they are going to be late.



Members must wear suitable kit – Suitable supportive footwear, high Visibility vest for outdoor winter training, discreet jewellery, long hair tied back – for training and when competing a club vest. Bring with you a named water bottle



Members must pay any fees for training or events promptly. If there is a problem please speak to Club welfare officer



Junior members are not allowed to smoke or chew gum on club premises or whilst representing the club at competitions. MP3 players / phones are not allowed in training.



Junior members are not allowed to consume alcohol or prohibited drugs of any kind on the club premises or whilst representing the club.



Bullying of any sort will not be tolerated.



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All junior club members Parents/Guardians will:

-  Encourage their child to learn the rules and play/compete within them;
-  Discourage unfair play/competition and arguing with officials;
-  Help their child to recognise good performance, not just results;
-  Set a good example by recognising fair play and applauding the good performances of all;
-  Never force their child to take part in Athletics;
-  Never punish or belittle a child for losing or making mistakes;
-  Publicly accept officials' judgements;
-  Support their child's involvement and help them to enjoy Athletics Use correct and proper language at all times.