



Friends In Training

CODE OF CONDUCT

The club will:



Adopt National policies and codes of conduct in relation to athlete's welfare;



Appoint at least one designated Welfare Officer to act as first point of contact in cases of concern about athlete's welfare;



Ensure that all coaches and volunteers hold appropriate qualifications and have undertaken the appropriate checks (e.g. DBS), and have access to recommended training in welfare and safeguarding;



Ensure that all club officers, coaches and volunteers act responsibly and set a good example to all members;



Treat all members equally and fairly, regardless of race, ethnic origin, creed, colour, disability, sex, sexual preference, religion, and political or other beliefs;



Consistently promote positive aspects of Athletics such as fair play and never condone rule violations;



Challenge inappropriate behaviour and language by others;



Place the welfare and safety of the athlete above all other considerations including the development of performance;



Report any suspected misconduct by club officials, coaches, technical officials or other people involved in Athletics to the Club, Regional, National or UKA Welfare Officer as soon as possible; and



Adopt the UKA/England Athletics policies and procedures contained within 'Safeguarding and Protecting Children and Vulnerable Adults in Athletics'.



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All coaches and volunteers will:












-  Consider the well-being and safety of the athletes before the development of performance;
-  Develop an appropriate working relationship with the athletes and their parents/guardians, based on mutual trust and respect;
-  Make sure all activities are appropriate to the age, ability and experience of the athletes taking part;
-  Promote the positive aspects of Athletics (eg fair play);
-  Display consistently high standards of behaviour and appearance;
-  Follow all guidelines laid down by UK Athletics, England Athletics and the Club;
-  Hold appropriate, valid qualifications and insurance cover;
-  Never exert undue influence over Athletes to obtain personal benefit or reward; and
-  Never condone rule violations, rough play, the use of prohibitive substances or inappropriate language.



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All senior club members will:









-  Treat others with respect and fairness;
-  Show patience with others and respect diversity and ability;
-  Be courteous to other members, coaches, competitors and officials at all times;
-  Anticipate their own needs – be organised and on time. Provide consent forms when required and update contact details should they change;
-  Ensure their behaviour during training, participating in sport or travelling to and from meetings and events is dignified and does not cause offence to others;
-  Remember that they are a representative and ambassador of the club at all times, and as such, the club as a whole may be judged on their actions as an individual;
-  Consider the implications of withdrawing from a commitment to compete or provide assistance. If withdrawal from an event or commitment is unavoidable, contact the relevant person with at least 48 hours notice;
-  Alert the Team Manager to any conflict or dispute occurring at an event, so that they can take this matter up on your behalf, or advise you on a course of action;
-  Never use abusive language or physical aggression of any kind at any event, or deliberately distract others while they are competing;
-  Observe and promote the agreed track etiquette at all times;
-  Refrain from engaging in any communication with the press or via the internet/social media which seeks to criticise other athletes, club members, coaches, officials or event organisers. If a member has a grievance, this should be taken up with a club official in the first instance.



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All junior club members Parents/Guardians will:















-  Encourage their child to learn the rules and play/compete within them;
-  Discourage unfair play/competition and arguing with officials;
-  Help their child to recognise good performance, not just results;
-  Set a good example by recognising fair play and applauding the good performances of all;
-  Never force their child to take part in Athletics;
-  Never punish or belittle a child for losing or making mistakes;
-  Publicly accept officials' judgements;
-  Support their child's involvement and help them to enjoy Athletics Use correct and proper language at all times.



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All junior club members will:

-  Be nice to everybody who attends, including new members;
-  ALWAYS do what the coach tells you to, even if you don't want to;
-  Stay in the area that you are training in;
-  Wear something you are able to do sport in;
-  Show respect to everyone;
-  Not put yourself or others in danger;
-  Play fairly and include others;
-  Not be a sore loser;
-  Ask a coach if you need something or don't understand, as they will be able to help you;
-  Never swear, use bad language or shout at others;
-  Never push, kick or threaten others;
-  Never be nasty, bully or deliberately distract others at training or any event;
-  Please tell a coach if you have any suggestions or complaints and;
-  Follow these rules at all times.